

# RCPE SYMPOSIUM EDINBURGH: Medicine for Older People

Date: Wednesday, 21 March 2018

## PROGRAMME – UK TIME

**09.00 Registration**

**09.25 Welcome and introductory remarks**  
by President, Royal College of Physicians of Edinburgh

### Session 1 - Managing complexity in the community

Chair: Dr Lynn Shields, Consultant Geriatrician, Aberdeen Royal Infirmary

**09.30 SIR STANLEY DAVIDSON LECTURE**

Chair: President, Royal College of Physicians of Edinburgh  
**Realistic medicine for older people in Scotland and beyond**  
Dr Helen Mackie, Realistic Medicine Clinical Adviser, The Scottish Government

**10.15 Providing comprehensive assessment: the Primary Care perspective**

Dr Jane Halpin, General Practitioner, Sunderland  
\*pros and cons of a primary care-led service \*how to deliver comprehensive geriatric assessment in primary care \*how to maximise expertise of the multiprofessional team

**10.45 Community management: a geriatrician's perspective**

Dr Marie Bateman, Consultant Geriatrician, Sunderland Royal Hospital  
\*what services to provide and how to deliver them \*how to develop your service \*how to sustain your service

**11.15 Break 1**

### Session 2 - What's new in healthcare for older people?

Chair: Dr Gordon Duncan, Consultant Physician, Western General Hospital, Edinburgh

**11.40 Infectious diseases**

Dr Alisdair MacConnachie, Consultant Physician in Infectious Diseases & General Medicine, Gartnavel General Hospital, Glasgow  
\**Clostridium difficile* - new treatments and changing epidemiology \*multi-resistant organisms - antibiotic selection and effective administration in older people \*emerging threats - how will this impact on older people

**12.10 Heart failure**

Dr John Baxter, Consultant in Geriatric Medicine, Sunderland Royal Hospital  
\*new treatments for heart failure \*device therapies - where is the evidence? \*advanced care planning and end of life care decision making

**12.40 Respiratory medicine**

Dr Richard Stretton, Consultant in Respiratory Medicine, NHS Tayside, Dundee  
\*lung cancer, new developments and treatment strategies in lung cancer in older people \*COPD and interstitial lung disease - what is new? \*acute respiratory infection - what is new and evolving?

**13.10 Break 2**

### Session 3 - Complexity in older people: a trainees' perspective

Chair: Dr Jennifer Harrison, Specialty Trainees, Medicine for the Elderly, Edinburgh

**13.55 Oral presentations from Trainees x 4**

**14.55 Break 3**

**Session 4 - Frailty and delivery of acute and complex care throughout the NHS**

Chair: Dr John Davison, Consultant Geriatrician, Newcastle upon Tyne Hospitals NHS Trust

**15.15 Frailty in the emergency department (ED)**

Dr Charlotte Bates, Consultant in Emergency Medicine, Northumbria Healthcare NHS Trust

\*How does the ED triage, assess and manage frail older patients? \*silver trauma

**15.35 Frailty in intensive care unit (ICU)**

Dr Nazir Lone, Senior Clinical Lecture in Critical Care Medicine, University of Edinburgh

\*selecting older people for ICU \*outcomes from ICU intervention in frail older patients

**15..55 Frailty in the operating room (OR)**

Mr Iain McCallum, Consultant Surgeon, Northumbria Healthcare NHS Trust

\*assessing suitability for surgery \*operative choice and treatment options in frailty \*surgical frailty teams

**16.15 Panel Q&A Session**

led by Dr Zoe Wyrko, Consultant Geriatrician, Queen Elizabeth Hospital, Birmingham

\*frailty assessment models. Frailsafe and patient outcomes \*panel discussion on managing frailty in all specialties

**16.45 End**